



# Canadian Mission to study the Health care co-op in Japan October 24 to 30 2010

## The programme

In October 2007, a group of Canadians participated in a mission to study the health co-op system in Japan. In light of the success of this tour and the growing interest in Canada about the Hans Group Practice, another study tour will be organized from 24 to 30 October.

The program includes a familiarization session on Japanese culture and an overview of the history and organization of the Co-op Movement in Japan. We will also have a presentation by the Association of health cooperatives, its network of cooperatives and the philosophy behind this organization, a philosophy addressing the principles of individual and collective responsibility, of transparency, openness and health promotion. Four days of on-site visits are scheduled in the program including study sessions on health coops, and observation and familiarization of the workings of the Hans' groups which are small groups of 15 to 20 individual who meet monthly, on a voluntary basis, to discuss their health issues and be pro-active about health promotion. Information about the training program offered by Hans Leader and Health School will be provided.

## Who is this mission for?

This mission is designed for professionals who are interested in innovative and efficient approaches to health and health promotion, particularly health-care administrators, co-op sector and community development leaders.

## The package includes the following:

- 8-night hotel stay in downtown Tokyo and Nagano (one person per room) from October 23 (Saturday) to October 31 (Sunday);
- 9 breakfasts from October 24 to October 31, and all other meals from Sunday, October 24 to Friday, October 29 inclusive
- Transportation during the visit from October 24 to 30 inclusive;
- Interpretation services in English and French during the mission from October 24 to 30 inclusive;
- Documents pertinent to this visit, such as a mission report.





### The package does NOT include the following:

- The cost of your airline ticket;
- The cost of transportation between the airport and downtown Tokyo;
- All expenses of a personal nature.

### In charge of the mission

The mission is led by Jean-Pierre Girard, a renowned expert on social enterprises in the health-care sector, the 2007 Study Tour leader, and, since 2001, representative of the Canadian co-op movement on the International Health Co-operative Organisation.

M Kimiko Kanda Saito, also with the 2007 Group participants, will provide support services to mission participants.

### The package will cost

\$ 3000 per person

### Method of payment

To register, an initial deposit of \$ 300 is required. The deposit secures a place for the participant, and this amount is NOT refundable. The remaining balance of \$ 2700 must be paid no later than August 31, 2010.

### Registration and reservation

The number of participants of this mission is limited. The allocation of space will be done on a first-come, first-serve basis, with an attempt made to balance the number of English and French speaking participants.

The registration and reservation process is under the supervision of House of Travel Westmount. The contact person is Nadia who can be reached by E-mail:

nadia@hot.ca or by phone, in the Greater Montreal area: (514) 487-3733, ext. 221 or elsewhere in the country: 1-877-336-3733.

Please note that you can also purchase your plane ticket and insurance products from: Nadia @ House of Travel.

In the unfortunate case that too few participants register, the organizers may cancel the mission. In this case, individuals who registered will have their deposits refunded in full.

We would like to acknowledge and extend our appreciation to the following sponsor who is contributing to the success of this mission:

